

SkinPen Pre-Treatment Instructions

- Please avoid skin irritation or intentional skin tanning, including sunless tanner. Sunscreen with at least SPF 30 is advisable when outdoors during daylight hours.
- If medically permitted, anti-coagulants should be stopped **2 weeks** prior to treatment. **Consult your primary care physician before stopping any of your regular medications.**
- Avoid topical products that could cause irritation, such as Retin-A, retinols, retinoids, glycolic acid, hydroquinone, Vitamin A, brightening agents, etc. for 7 days before and after treatment. (It may be necessary to avoid these completely during the course of the treatment protocol.)
- Please arrive to your appointment with clean skin, i.e., without lotions, creams, makeup, etc.
- Inform your provider if you have a history of cold sores. You may be placed on an anti-viral medication prior to treatment.

Post-Procedure Information

Refrain from using anything on the treated area for 24 hours. Only use the Skinfuse **LiftHG** (white tube) during the first 24 hours post-procedure. If you run out of **Lift** before 24 hours, you can use the Skinfuse **Rescue** as needed to calm your skin.

- Do not wash your face.
- Do not use Sunscreen, avoid the sun.
- Do not use make-up.
- Do not shower or wash your hair.
- Do not exercise or sweat
- Do not allow anything to touch the treated area. You have thousands of microscopic holes that you do not want anything to get into. These will heal in that 24 hour period.

After the 24 hours you can do any or all of the above, except excessive exercise. See below.

What should I expect following treatment?

- In the SkinPen Precision clinical study, the most common treatment responses experienced were: Dryness, rough skin, tightness, redness, itching, peeling, discomfort, tenderness and burning. These conditions resolved over time without any further complications. Although not seen in the clinical study, you may experience reactivation of herpes simplex virus (cold sore), pigment changes that include lighter or darker skin in the area treatment that resolves over time, or no change in their acne scars. Your doctor will also tell you what to expect following a SkinPen Precision system treatment. Within the first 72 hours post-treatment you should avoid sweaty exercise and sun exposure. Exposure to these conditions could lead to: itching, burning, stinging, and tingling, scaling/dryness, redness, swelling, and tenderness/discomfort.

Will I need more than one treatment to achieve my desired results?

- You should discuss treatment goals with your doctor. In the clinical study, patients were treated in a series of 3 treatments spaced 4 weeks apart. It is recommended to avoid other facial aesthetics treatments the month following your SkinPen Precision treatment.

Do the results last forever?

- While individual results may vary, in the clinical study, the results were evaluated 6 months after the third (final) treatment. After this, additional treatments may be needed to maintain your desired result.