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### **Vasculaze Pre Treatment Instructions**

- Avoid any type of tanning 3-4 weeks prior to treatment or use at least 30 SPF sunblock.
- Avoid topical products that could cause irritation, such as Retin-A, retinols, retinoids, glycolic acid, hydroquinone, Vitamin A, brightening agents, etc. for **7 days** before and after treatment. (It may be necessary to avoid these completely during the course of the treatment protocol.)
- If medically permitted, avoid anticoagulants for 7-10 days prior to treatment. Consult your primary care physician before stopping any of your regular medications.
- Prior to arriving for your appointment, please shave hair in the area to be treated and ensure that skin is clean.

### **Vasculaze Post Treatment Instructions**

- Sunblock should be used for 3-4 weeks following the treatment and 3-4 weeks preceding the next session.
- Avoid stimulating blood flow by aerobic exercise, hot bath or rubbing the treated area.
- Moisturizer may be applied after each treatment.
- Compression garment may be worn for 1-2 weeks but is not required.

### **Treatment Schedule**

- The number of treatments typically varies from 1-3 sessions every 4-8 weeks, occasionally up to 5 sessions.
- Larger, deeper veins typically require more treatments and longer time intervals between sessions.
- Angiogenesis of sprouting new capillaries may be avoided if intervals do not exceed 8-10 weeks.
- Touch-up treatment session may be needed occasionally.